

What does my test result mean- COVID 19

We understand there is a lot of stress associated with being tested for COVID-19.

Negative

If you do not have symptoms or have not had a close contact with a COVID positive person, great news! Continue taking precautions such as wearing a mask, social distancing, washing your hands, and cleaning surfaces often.

A negative result means that the proteins from the virus were not found in your sample. Know that it is possible that a negative result can be incorrect or that your symptoms can be caused by another illness.

At the Wellness Center we will consider your medical history including symptoms, potential exposures, and places you have traveled. The amount of days you have had your symptoms is also a consideration. Rapid COVID testing accuracy is highest in the first five days of symptoms.

If you continue to have symptoms rest, social distance, do not attend class or work, and keep a mask on around others. **If your symptoms have not improved after 48 hours, please contact the Wellness Center.**

If you do have symptoms, please discuss the next steps with the Wellness Center and isolate until a plan is formulated.

Positive

We know this result may cause a lot of anxiety.

A positive test result means it is very likely that you have COVID-19. You may experience these symptoms: fever, chills, cough, shortness of breath, new loss of taste or smell, headache, fatigue, muscle or body aches, sore throat, congestion, nausea, vomiting, diarrhea. It is important to isolate yourself away from others to prevent transmission of COVID-19 to others even if you do not experience symptoms.

The Wellness Center and Residential Life will guide you through every step regarding what to do while on campus.

- ~Complete a Release of Information Form: this will allow the Wellness Center to notify the necessary people, which can include your family, of your positive result.
- ~Residential Life will reach out if you live on campus to provide an isolation space for you on campus.
- ~If you live off campus you will isolate at home. Make sure your family or roommates are aware that you have tested positive and that they may need to quarantine and get tested due to a close contact exposure.
- ~Rapid Trace will contact you to help identify who is considered a high-risk contact and if they need to be tested.
- ~Student and Family Care will be contacted to handle notifying your professors that you will not be attending classes in person until there is clearance from isolation.
- ~ We will follow up to check on you and how you're feeling! However, feel free to reach out to us by calling 407-628-6340
- ~The isolation period will end with the following:
 - 10 days since symptoms first appeared or since a positive test, and
 - Respiratory symptoms have improved (cough and shortness of breath), and
 - 24 hours fever free
 - Clearance from the Wellness Center has been received

If you have any questions, we are here to help!

407-628-6340 wellness@rollins.edu