BenefitsWise
"BETTER BENEFITS THROUGH COLLABORATION"

BlueRewards powered by Rally is here!
The time has come for you get rewarded for your WellBeing! We are thrilled to offer employees and spouses, covered by the ICUBA medical plan, a chance to earn incentives for building healthy habits. Our BlueRewards program is now powered by Rally Health and offers you a new level of interactive engagement.

The new digital health-engagement experience offered with Rally will help you improve your wellbeing. The site features an innovative health survey, personalized activity recommendations, individual goals and supportive online communities. Rally focuses on the five elements of an individual’s total wellbeing. Activities related to Purpose, Social, Financial, Community and Physical are all integrated in Rally’s holistic approach to improve your health.

We put a lot of time and consideration into the specifications for our new WellBeing program, but wait, our program is not limited to Rally. From onsite events at your campus to completing your annual wellness exam, there are plenty of opportunities to get involved, earn rewards and engaged with your health and wellbeing.

After you log onto the ICUBA benefits portal, the single sign-on section is located in the center of your home page (shown above). From here, simply click on the MyHealthToolkit Portal and you will be directed to the BlueCross BlueShield (BCBS) website. From BCBS, you can easily access Rally and begin your journey to improving your wellbeing.

Please keep in mind, the first time you log onto BCBS and Rally you will be required to establish a username and password. After the initial set-up this single sign-on link will take you directly to your personal BCBS information and you will be able to click directly into Rally.

Remember!! Only your plain white BCBS ID Card can be used for medical services. If you still have a medical card with clouds or palm trees, we ask you please discard your old card.

Single sign-on’s available at ICUBAbenefits.org:
• BCBS
• MyHealthToolkit
• Optum Rx
• Resources for Living
• ICUBA MasterCard®
FINDING A *TRUE URGENT CARE CENTER*

We are taught at a young age, things are not always as they seem and just because it’s advertised, doesn’t mean it’s always true. We find this to be spot-on with *hospital sponsored* “urgent care centers” popping up near major hospital chains.

In April, ICUBA made a change to our plan. We wanted to take the guess work out of Retail and Urgent Care Clinics assigning a low $10 or $30 copay. These *hospital sponsored* centers may advertise “Urgent Care” but when the claim is submitted to the insurance company, the coding shows a hospital visit which will cost you more.

We get it... When you’re sick, the last thing you want to do is worry about your local urgent care being a true urgent care center facility. Our suggestion is to find a local provider that is a true urgent care before the need arises and here’s how...

Searching for a provider:
2. Once you’re on your MHTK homepage, click Resources and select Find a Doctor or Hospital. Then click the Doctor and Hospital Finder link.
3. To find a true Urgent Care Center click on Search for Specialty and add our Already Member code: ICI. Select “U” for Urgent Care and “R” for Retail Center. *(Keep in mind, you may search different providers and specialties from this page and limit the proximity to a specific area.)*

Once you’ve done the search, here’s what you should look for...

Make sure the provider is listed as an Urgent Care Center or Retail Health Center.

*General Acute Care Hospital’s are not considered true Urgent Care facilities.* If you have any questions or concerns about an Urgent Care facility or claim please call BCBS at 1-855-258-9029.