WHAT IS THE MISSION?
Through a community-wide approach, students will **discover** their talents, **develop** their skills and **apply** their strengths to achieve academic, career, leadership, and personal **success**.

WILL THIS BE JUST A ONE-YEAR THING?
During each respective year, there will be intentional efforts by the Division of Student Affairs to engage students in Strengths-based principles.

IN WHAT WAYS WILL STRENGTHS BE INFUSED INTO OUR STUDENTS’ EXPERIENCE?

**Year 1 (DISCOVER):** Strengths as summer read, incorporated into SPARC Day reflections, Super Fair (formerly Major/Minor Fair with Strengths infusion), Peer Mentor, Resident Adviser conversations, Strengths events denoted on #FindYourAnchor programming.

**Year 2 (DEVELOP):** Student organizations/leadership development workshops, student employment trainings/evaluations, Neighborhood co-curricular activities with Community Coordinators, #FYA programming, career counseling sessions.

**Year 3 (APPLY):** Study abroad preparation/reflection, academic/non-academic internship preparation/reflection, service leadership (through Immersions, etc.), career counseling sessions, #FYA programming.

**Year 4 (SUCCEED):** Senior interventions with advisors/Senior Coordinator, career counseling sessions, Alumni/Development efforts, #FYA programming.

HOW CAN I INCORPORATE STRENGTHS WITHOUT IT TAKING UP A LOT OF TIME?
See the document entitled “60 in 60! Creating Moments That Matter: 60 Seconds or 60 Minutes! – Tips and Tools for Teaching and Student Success with Strengths” by Idahlynn Karre. You can incorporate even the smallest of efforts (like asking what everyone’s Strengths are) to devoting entire class sessions to learning more about their talents, how they use them, how they can develop them, and how they apply to so many situations.

WHAT IF I WANT TO FOCUS ON STRENGTHS MORE IN MY CLASS?
Sessions can be tailored to the needs of your particular class. Facilitators are prepared to come to you or they can lead a session with your class in the residence hall as one of your LLC events. Contact Jeremy DiGorio (ext. 6321) in the Center for Leadership & Community Engagement to set something up!

WHAT IS NEXT FOR STRENGTHS?
StrengthsQuest sets the stage nicely for students to explore beyond their personal talents. Right before Registration Week, students will be asked to complete the Career Readiness Module (CRM) of FOCUS2, a self-assessment that focuses on career; this will give faculty advisors the chance to weave Strengths-based experiences into a preliminary discussion about major and career exploration.

WHAT IF I WANT TO LEARN MORE?
See Weber State University’s website for more Strengths-specific resources: weber.edu/leadership/sq-resources.html#